

Wauseon Junior High Tomahawk Track & Field Invitational

EVENT SCHEDULE

10:15 Coaches meeting in track building (north end)

10:30 Field event warm-ups begin

11:00 Field events begin

FIRST EVENTS	SECOND EVENTS
Girls – Discus *	Boys – Discus *
Boys – Shot put *	Girls – Shot put *
Boys – Long jump *	Girls – Long jump *
Girls – High jump (Starting @ 3'6", up 3" to 4', then up 2")	Boys – High jump (Starting @ 3'9", up 3" to 5', then up 2")
Boys – Pole vault (Starting height – 5', up 6" to 6', then up 3")	Girls – Pole vault (Starting height – 5', up 6" to 6', then up 3")

* 4 attempts – **NO finals**

12:30 **RUNNING EVENTS – ALL TIMED FINALS**

1. Girls 4 x 800 relay	2. Boys 4 x 800 relay
3. Girls 100 hurdles – 2 heats	4. Boys 110 hurdles – 2 heats
5. Girls 100 dash – 2 heats	6. Boys 100 dash – 2 heats
7. Girls 4 x 200 relay	8. Boys 4 x 200 relay
9. Girls 1600 run	10. Boys 1600 run
11. Girls 4 x 100 relay	12. Boys 4 x 100 relay
13. Girls 400 run - 2 heats	14. Boys 400 run – 2 heats
15. Girls 200 hurdles – 2 heats	16. Boys 200 hurdles – 2 heats
17. Girls 800 run	18. Boys 800 run
19. Girls 200 dash – 2 heats	20. Boys 200 dash – 2 heats
21. Girls 4 x 400 relay	22. Boys 4 x 400 relay

**Trophies for the Champion and Runner-up teams will follow the last relay.
Individual awards will be given to the coaches.**

